

# Bike to Work Week SCHEDULE



**MONDAY, MAY 27**  
10am - 2pm

**BUGWOOD BEAN EXPO LAUNCH**

10am: CICK radio DJs on-location  
11am: McBike Tire Changing Clinic at 11am  
12pm: Group Costume Parade Ride  
2pm: McBike Maintenance Seminar  
6pm: McBike Easy Ride (BYO bike)

**Plus:**

- BugWood Bean celebration station
- C.O.B Bike tuning/mechanic tent
- McBike rental bikes available

**TUESDAY, MAY 28**  
8am - 10am

**TWO SISTERS CELEBRATION STATION**

Food, coffee, music, prizes, balloons, radio DJs

**Evening Events:**

6pm: McBike Guided Easy Road Ride (BYO bike)  
6pm: C.O.B. Women's Easy Bike Ride (BYO bike)

**WEDNESDAY, MAY 29**  
8am - 10am

**NATURE'S PANTRY CELEBRATION STATION**

Food, coffee, music, prizes, balloons, radio DJs

**Evening Events:**

6pm: Full Circle Outdoor Yoga: 'Fit for Biking'

**THURSDAY, MAY 30**  
Noon - 1pm

**EDDYLINE CELEBRATION STATION**

Food, coffee, music, prizes, balloons, radio DJs

**Evening Events:**

5pm onward: Bike-and-Burger Night at Eddyline Bistro Cafe (discounts for bike commuters)  
6pm: McBike Shuttle Night (demo bikes available)

**FRIDAY, MAY 31**  
8am - 10am

**GRENDEL GROUP/EXTRA FOODS CELEBRATION STATION (at Grendel Place)**

Food, coffee, music, prizes, balloons, radio DJs

**Evening Event:**

7pm: Bike to Work Week Finale Event at C.O.B Bike Shop (bike draw winners announced!)

# Bike to Work Week PASSPORT

Get your passport stamped at the celebration stations and evening events. **Collect at least 5 stamps** and you will be entered in a draw for a Globe Daily3 town bike worth \$900 and a kids' runner bike!



YOUR NAME: \_\_\_\_\_



\* Must be present at finale to win